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# Essentials For The Activity Professional In Long Term Care



## Synopsis

This new textbook outlines key subject matter for activity professionals in the long term care setting, who are in training or are already working in the field. Thoroughly researched and referenced, this text will provide a comprehensive understanding of all relevant information needed by activity professionals. The first section covers the history of the field, the aging process, getting to know residents, and touches on management and environmental issues. Section two focuses on activity planning and implementation, as well as budgeting, program development, and group leadership. Program evaluation and enhancement are presented in section three which also reviews regulatory compliance, quality assurance, and typical problems and solutions...

## Book Information

Paperback: 352 pages

Publisher: Cengage Learning; 1 edition (October 3, 1996)

Language: English

ISBN-10: 0827373872

ISBN-13: 978-0827373877

Product Dimensions: 8.5 x 0.8 x 11 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

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Preface. Acknowledgments. Introduction. Section I-Establishing Yourself and Understanding Your Residents and Department. History, Definitions and Qualifications. Your Part in the Facility. Aging and the Physical/Psychosocial Needs of the Residents. Getting to Know Residents, Staff and Families. Supervising Your Staff Through Effective Management Techniques. Creating and Maintaining Environmental Areas. Section II- Activity Programming and Implementation. Budgeting. Program Development. Program Implementation. Program Implementation-Beyond Traditional Programming. Marketing, Programming Tips and Group Leadership. Documentation and Medical Records. SECTION III- Regulatory Compliance. Quality Assurance and Total Quality Management. Typical Problems and Solutions. Volunteers. Establishing Community Ties. In-Service Programs and Other Education. Advancing Your Career. Self-Assessment Exam. Appendices-Activity

Professional Staffing Requirements. List of Vendors. Publishers of Activity Books, Newsletters and Journals. List of Information Resources-Organizations and Groups. List of Activity Organizations. Answers to Review Questions. MDS 2.0. Glossary. Index

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